



Come Boating
Progress Report

Name: _____

Today I learned:

- Water safety
- Stay with boat if capsized
- How to row
- Wind direction and weather conditions
- Names and parts of boats
- Rigging, raising sail and de-rigging
- Starting, stopping and Safety position
- Sailing across the wind (reaching & tacking)
- Up wind sailing (close hauled and close reach)
- Down wind sailing (running and jibing)
- Passing other boats
- Sailing backwards
- Sailing a course
- Other: _____

Today we had poor sailing weather so we learned:

- Land drills
- Rowing
- Knot tying
- Boat parts
- Tides, currents, wind & weather.
- Types of sailboats
- Boating history

Instructor

Comments: _____

Instructor _____



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